

# HPCO 2019 ANNUAL CONFERENCE PROGRAM AT-A-GLANCE

**SUNDAY, APRIL 28, 2019**

Times		
8:00 - 9:00 am	Registration, Continental Breakfast, Exhibitor Showcase Opens	
9:00 - 9:45 am	Welcome Remarks	
9:45 - 10:45 am	<b>Opening Keynote Presentation: HIT Talks</b>	
10:45 - 11:00 am	Stretch Break	
11:00 - 11:45 am	<b>June Callwood Circle of Outstanding Volunteers Award Ceremony</b>	
11:45 - 1:00 pm	Luncheon Buffet & Exhibitor Showcase	
1:00 - 2:15 pm CONCURRENT WORKSHOP SESSIONS - SERIES 100		
Session #	Stream	Session Title and Speaker(s)
101	QWPC	Psychosocial Supports for Parentally Bereaved Young Children: A Comprehensive Community- Based Approach to Service <ul style="list-style-type: none"> <li>• Sheila Bourgeois</li> </ul>
102	QWPC	Pause: Creative Self-Care Strategies, Part 1 <ul style="list-style-type: none"> <li>• Jennifer Page</li> </ul>
103	LSDQ	Advance Care Planning Initiatives to Assist You to Comply with the Ontario Law, Part 1 <ul style="list-style-type: none"> <li>• HPCO Health Care Consent Advance Care Planning Community of Practice</li> </ul>
104	QWPC	Consideration of Patients' Personal Interpretations of their Faith and Culture in Approach to Palliative Care <ul style="list-style-type: none"> <li>• Dr. Anwar Parbtani, Kelly Hubbard, Tammy Pollard, Lori Scholten-Dallimore, Dr. James Shaver</li> </ul>
105	QCP	Increasing Capacity for Medical Learners and Educators to Pursue a Palliative Approach to Care <ul style="list-style-type: none"> <li>• Erin Gallager</li> </ul>
106	QCP	Voluntary Stopping Eating and Drinking [VSED]: Another EoL Option or Unacceptable Practice <ul style="list-style-type: none"> <li>• Peter Allatt, Jordon Pelc</li> </ul>
107	QCP	Providing Reflective Compassionate Care During the MAID Process <ul style="list-style-type: none"> <li>• Eugene Dufour</li> </ul>
108	QCP	Impact and Reach of CAPCE and Fundamentals - A Retrospective Look <ul style="list-style-type: none"> <li>• Kim Rogers, Melissa Chadwick</li> </ul>
109	LSDQ	Development of A New Ambulatory Model of Care: Nurse Led Palliative Care Triage and Navigation <ul style="list-style-type: none"> <li>• Dr. Laura Harlid, Nancy Lee Brown</li> </ul>
110	LSDQ	Authentic Collaboration: Lessons learned from a Regional Palliative Care Network <ul style="list-style-type: none"> <li>• Margaret Paan, Jehanara Chagani</li> </ul>
111	EAQC	Opening Closed Doors: An Adapted Grief Curriculum <ul style="list-style-type: none"> <li>• Melissa Fleishman, Louise Brazier</li> </ul>
1:00 - 2:15 pm	Oral Paper Presentations - Series 1 and 2	
Times		
2:15 - 2:45 pm	Refreshment Break, Exhibitor Showcase & Posters	

## SUNDAY, APRIL 28, 2019

2:45 - 4:00 pm			CONCURRENT WORKSHOP SESSIONS - SERIES 200		
Session #	Stream	Session Title and Speaker(s)			
201	QWPC	Living Out Loud: AYAs with Advanced Cancer Shatter the Silence and Create a Space of their Own <ul style="list-style-type: none"> <li>• <i>Simone Stenekes', Teva Harrison</i></li> </ul>			
202	QWPC	Pause: Creative Self-Care Strategies, Part 2 <ul style="list-style-type: none"> <li>• <i>Jennifer Page</i></li> </ul>			
203	LSDQ	Advance Care Planning Initiatives to Assist You to Comply with the Ontario Law, Part 2 <ul style="list-style-type: none"> <li>• <i>HPCO Health Care Consent Advance Care Planning Community of Practice</i></li> </ul>			
204	QWPC	Creating a 'Home' under the New Hospice Capital Program Design Standards <ul style="list-style-type: none"> <li>• <i>David Woods, Joyce Loney-Brenes</i></li> </ul>			
205	LSDQ	A Voice for Change: Demystifying the HPCO Hospice Metrics Platform <ul style="list-style-type: none"> <li>• <i>Annalise Stenekes, Brian Tramontini, Jessica Estabrooks, Kelly Hubbard, Mark Godin</i></li> </ul>			
206	QCP	Taking off our Coat(s) before Entering the Room <ul style="list-style-type: none"> <li>• <i>Eunice Gorman, Laura Lewis</i></li> </ul>			
207	QCPFC	Cultivating a Death Positive Generation One High School Class at a Time <ul style="list-style-type: none"> <li>• <i>Amanda Black, Jenn Jowlabar</i></li> </ul>			
208	QCPFC	Interdisciplinary Palliative Care and Resident Health Wishes <ul style="list-style-type: none"> <li>• <i>Rebecca George, Marie Cagas</i></li> </ul>			
209	QCPFC	When MAiD will be the Cause of Death: Workshopping how we Support the Families and Friends of the Dying <ul style="list-style-type: none"> <li>• <i>Carolyn Smith, Jo-ann Leake</i></li> </ul>			
210	LSDQ	Collaborative Quality Care Across Sectors: Empowering Informal Caregivers <ul style="list-style-type: none"> <li>• <i>Marta Milks</i></li> </ul>			
211	LSDQ	From Competencies to Clinical Practice: Promoting Learner-Centered Education through Creativity <ul style="list-style-type: none"> <li>• <i>Kath Murray, David Wright, Tammie McParland, Tara Walton</i></li> </ul>			
2:45 - 4:00 pm		Oral Paper Presentations - Series 3 and 4			
4:15 - 5:15 pm		<b>The Carmelita Lawlor Lectureship in Palliative Care</b>  <i>(Lecture open to non-conference participants)</i>			
5:30 - 8:00 pm		<b>OMA Section on Palliative Medicine AGM</b> <i>(Meeting Open to OMA Member Physicians Only)</i>			

## MONDAY, APRIL 29, 2019

Times			
7:30 - 8:30 am	Registration, Continental Breakfast, Exhibitor Showcase & Posters		
8:30 - 9:00 am	Welcome Remarks		
9:00 - 10:15 am	<b>Keynote Presentation: How do We Improve Quality and Access to Hospice Palliative Care, A Panel Discussion</b> <ul style="list-style-type: none"> <li>• <i>Dr. Joshua Tepper, Andre Picard</i></li> </ul>		
10:15 - 10:45 am	Refreshment Break, Exhibitor Showcase & Posters		
10:45 am - 12:00 pm		CONCURRENT WORKSHOP SESSIONS - SERIES 300	
Session #	Stream	Session Title and Speaker(s)	
301	QWPC	Listening & Responding Made Easier: How to Handle the Toughest Questions in Palliative Care <ul style="list-style-type: none"> <li>• <i>Paul Davidson</i></li> </ul>	

## MONDAY, APRIL 29, 2019

10:45 am - 12:00 pm		CONCURRENT WORKSHOP SESSIONS - SERIES 300 (cont'd)
Session #	Stream	Session Title and Speaker(s)
302	QCP	A Hand in MAiD's Tale <ul style="list-style-type: none"> <li>• <i>Dr. Sharon Koivu</i></li> </ul>
303	QCP	Approach to Perinatal Hospice and Palliative Care: A Toolkit <ul style="list-style-type: none"> <li>• <i>Dr. Stephanie Veldhuijzen van Zanten, Lynn GrandMaison-Dumond</i></li> </ul>
304	LSDQ	Forging Ahead: An Overview of the HPCO Hospice Standards Framework and Accreditation Process <ul style="list-style-type: none"> <li>• <i>Annalise Stenekes, Dena Silverberg, Melanie Honsinger, Nadine Persaud, Rami Shami</i></li> </ul>
305	QCPFC	Improving Caregivers Experience: A Quality Improvement Initiative <ul style="list-style-type: none"> <li>• <i>Jehanara Chagani, Margaret Paan</i></li> </ul>
306	QCPFC	Designing Quality, Client Centred Palliative Care - Culturally and Linguistically Appropriate <ul style="list-style-type: none"> <li>• <i>Nazira Jaffer</i></li> </ul>
307	QCPFC	Compassionate Teen Program <ul style="list-style-type: none"> <li>• <i>Karen Wagner, Lisa Hubers</i></li> </ul>
308	QCPFC	The Measurement of Quality is Found within their Story: We may Listen, but are they Heard? Enhancing the Quality of Care for Patients, Families and Caregivers by Enhancing the Engagement of Grieving Loved Ones, as they Share their Stories, Part 1 <ul style="list-style-type: none"> <li>• <i>Amy Archer</i></li> </ul>
309	LSDQ	Involve, Engage, Empower: The Roger Neilson House Volunteer Advisory Committee <ul style="list-style-type: none"> <li>• <i>Bruno Perrier, Carole Brule, Scott Gunn</i></li> </ul>
310	LSDQ	Primary Level Palliative Care Integration Within the Prevalent Patients Receiving In-Centre Hemodialysis <ul style="list-style-type: none"> <li>• <i>Rebecca Ellerson</i></li> </ul>
311	EAQC	MAiD in a Residential Hospice Setting <ul style="list-style-type: none"> <li>• <i>Kelly Hubbard</i></li> </ul>
312	LSDQ	A Profile of Compassionate Communities in Ontario <ul style="list-style-type: none"> <li>• <i>HPCO Compassionate Communities Community of Practice</i></li> </ul>
10:45 - 12:00 pm		Oral Paper Presentations - Series 5 and 6
12:00 - 1:15 pm		Luncheon Buffet, Exhibitor Showcase & Posters
1:15 - 2:30 pm		CONCURRENT WORKSHOP SESSIONS - SERIES 400
Session #	Stream	Session Title and Speaker(s)
401	LSDQ	Tell Your Story & Win Support <ul style="list-style-type: none"> <li>• <i>Jennifer Mossop</i></li> </ul>
402	QWPC	Up & Away <ul style="list-style-type: none"> <li>• <i>Nancy Forgrave, Laura Balint</i></li> </ul>
403	QCP	Symptom Management in the Midst of an Opioid Epidemic: An Expert Consensus Guideline for Safer Opioid Use in Palliative Care <ul style="list-style-type: none"> <li>• <i>Dr. Paolo Mazzotta, Dr. Jenny Lau</i></li> </ul>
404	QCPFC	Developing an Ontario Palliative Care Competency Framework <ul style="list-style-type: none"> <li>• <i>The OPCN Provincial Education Steering Committee</i></li> </ul>
405	QCPFC	Sustaining You: Grief and Resiliency in Hospice Palliative Care Staff and Volunteers <ul style="list-style-type: none"> <li>• <i>Tara Cohen</i></li> </ul>
406	QCPFC	Pregnancy and Infant Loss Bereavement Support: Creating Supportive Communities <ul style="list-style-type: none"> <li>• <i>Amy Muhr, Ryan Alexander</i></li> </ul>
407	QCPFC	A Clinician (CNS) Discusses Sexuality even when Individuals are Affected by a Terminal Illness <ul style="list-style-type: none"> <li>• <i>Dr. Paul-Andre Gauthier</i></li> </ul>

**MONDAY, APRIL 29, 2019**

1:15 - 2:30 pm		CONCURRENT WORKSHOP SESSIONS - SERIES 400 (cont'd)
Session #	Stream	Session Title and Speaker(s)
408	QCPFC	The Measurement of Quality is Found within their Story: We may Listen, but are they Heard? Enhancing the Quality of Care for Patients, Families and Caregivers by Enhancing the Engagement of Grieving Loved Ones, as they Share their Stories, Part 2 <ul style="list-style-type: none"> <li>• <i>Amy Archer</i></li> </ul>
409	LSDQ	Palliative Care Health Services Delivery Framework: Recommendations for a Model of Care to Improve Palliative Care in Ontario - Taking the Next Steps <ul style="list-style-type: none"> <li>• <i>Dr. Robert Sauls</i></li> </ul>
410	LSDQ	How to Interact with Families as a Fundraiser - Respecting Privacy while Building Trust <ul style="list-style-type: none"> <li>• <i>Janet Fairbridge</i></li> </ul>
411	EAQC	Paediatric Project ECHO® for Palliative Care: Empowering Providers, Increasing Access, and Supporting Patients and Families in the Community <ul style="list-style-type: none"> <li>• <i>Dr. Adam Rapoport</i></li> </ul>
412	EAQC	The End of Life is an Auspicious Opportunity for Healing: Decolonizing Death and Dying for Urban Indigenous People <ul style="list-style-type: none"> <li>• <i>Dr. Michael Anderson</i></li> </ul>
1:15 - 2:30 pm		Oral Paper Presentations - Series 7 and 8
2:30 - 3:00 pm		Refreshment Break, Exhibitor Showcase & Posters
3:00 - 4:15 pm		CONCURRENT WORKSHOP SESSIONS - SERIES 500
Session #	Stream	Session Title and Speaker(s)
501	QWPC	Diverse Sounds: Inter-Cultural Soundscapes at End of Life <ul style="list-style-type: none"> <li>• <i>Aaron Lightstone, Bev Foster</i></li> </ul>
502	LSDQ	Leadership Values: Caring for my Father at the End-of-His-Life <ul style="list-style-type: none"> <li>• <i>Janic Gorayeb</i></li> </ul>
503	QCP	MAID Access as an End of Life Option for Patients Receiving Palliative Care: A Case Review <ul style="list-style-type: none"> <li>• <i>Nikita Matichuk</i></li> </ul>
504	QCPFC	Building a Model of Support that includes All Children and Families <ul style="list-style-type: none"> <li>• <i>Jodi Pereira</i></li> </ul>
505	QCPFC	One Team, One Goal: Collaborative Approaches to Interdisciplinary Palliative Care Across the Disease Trajectory in Muskoka <ul style="list-style-type: none"> <li>• <i>Norma Connolly</i></li> </ul>
506	LSDQ	Palliative Care Early and Systematic (PaCES): Beginning Alberta's Journey for Advanced Cancer Patients <ul style="list-style-type: none"> <li>• <i>Aynharan Sinnarajah, Camille Bond</i></li> </ul>
507	LSDQ	Building a Successful Annual Giving Campaign- From 0 to 250K+ in 8 Years <ul style="list-style-type: none"> <li>• <i>Pamela Blackwood, Amanda Black</i></li> </ul>
508	EAQC	Developing Palliative Care Education for Inner City Workers Supporting People who are Structurally Vulnerable <ul style="list-style-type: none"> <li>• <i>Dr. Naheed Dosani, Dr. Paul Holycoke, Dr. Alissa Tedesco</i></li> </ul>
509	EAQC	Knowledge Co-Creation: Developing Recommendations for Palliative Models of Care with Direction from Indigenous Communities <ul style="list-style-type: none"> <li>• <i>Lindsey Thompson, Joanna Valtour</i></li> </ul>
510	EAQC	Educating Multicultural Communities in Hospice Palliative Care <ul style="list-style-type: none"> <li>• <i>Vilma Oliveros</i></li> </ul>
511	LSDQ	Organizational Performance and Oversight Tools (Governance, Quality, Risk Management and Strategy) <ul style="list-style-type: none"> <li>• <i>Brian Tramontini</i></li> </ul>
3:00 - 4:15 pm		Oral Paper Presentations - Series 9 and 10

## MONDAY, APRIL 29, 2019

6:00 - 7:00 pm	Pre-Dinner Reception
7:00 - 11:00 pm	<b>Gala Dinner, Entertainment and Awards Presentation</b>

## TUESDAY, APRIL 30, 2019

Times		
7:30 - 8:30 am	Registration, Continental Breakfast & Posters	
8:30 - 9:00 am	<b>Welcome Remarks</b>	
9:00 - 10:00 am	<b>Keynote Presentation: Psychotherapeutic Interventions in Palliative Care: From Evidence to Implementation</b> <ul style="list-style-type: none"> <li>• <i>Dr. Gary Rodin</i></li> </ul>	
10:00 - 10:30 am	Refreshment Break, Last Chance for Posters and Hotel Check-out	
<b>11:30 - 11:45 am CONCURRENT WORKSHOP SESSIONS - SERIES 600</b>		
Session #	Stream	Session Title and Speaker(s)
601	QWPC	Storycare: Integrating a Story-Based Care Model into a PCU Setting <ul style="list-style-type: none"> <li>• <i>Laura McMaster, Dan Yashinsky</i></li> </ul>
602	EAQC	The Crossroads of Grief: Reflecting on Our Work with Marginalized Grieving Youth <ul style="list-style-type: none"> <li>• <i>Dr. Victoria Pileggi, Jodi Pereira, Julie Pehar</i></li> </ul>
603	QCPFC	Caregiver Evening Out: Creating Space for Community and Self-Care <ul style="list-style-type: none"> <li>• <i>Shauna Daly</i></li> </ul>
604	QCPFC	Promoting Quality Care Through Organizational Resilience <ul style="list-style-type: none"> <li>• <i>Maureen Pollard</i></li> </ul>
605	QCPFC	Back to Basics: How the History of Hospice Palliative Care Can Inform Care <ul style="list-style-type: none"> <li>• <i>Matthew Durham, Hanna Irving, Felicia Kontopidis</i></li> </ul>
606	LSDQ	<b>Session Cancelled by the Presenters</b>
607	LSDQ	Looking Beyond the Traditional Donor Base: Grow your Pipeline by Engaging a Culturally and Racially Diverse Donor Population <ul style="list-style-type: none"> <li>• <i>Muthoni Kariuki</i></li> </ul>
608	EAQC	"The Creator's Care" First Nation Palliative Care and End of Life Service <ul style="list-style-type: none"> <li>• <i>Edith Mercieca</i></li> </ul>
609	EAQC	Working Together to Make a Difference - The Creation of the Timmins Integrated Palliative Care Team <ul style="list-style-type: none"> <li>• <i>Celine Plante-Lamb, Dr. Patrick Critchley</i></li> </ul>
610	EAQC	Community-Based Pain-Management & Palliative Care for Marginalized Individuals: A Patient-Centred Risk Management Approach <ul style="list-style-type: none"> <li>• <i>Stephanie Skopyk, Dr. Naheed Dosani, Dr. Vincent Ho</i></li> </ul>
611	QCP	Palliative Care in the Community - Kits and Concentrations <ul style="list-style-type: none"> <li>• <i>Pamela Simpson</i></li> </ul>
11:45 - 1:00 pm	Luncheon Buffet <ul style="list-style-type: none"> <li>• Best Oral Paper and Poster Presentations</li> </ul>	
1:00 - 2:00 pm	<b>Closing Keynote Presentation: Shifting the Perspective and Stigma around Chronic Illness, Mental Health and Death</b> <ul style="list-style-type: none"> <li>• <i>Jeremie Saunders, Sickboy Podcast</i></li> </ul>	
2:00 - 2:15 pm	Closing Remarks, Draw Prizes, Adjournment	

## WORKSHOP STREAMS

The workshop sessions have been scheduled into the program by streams, so conference participants can easily zero in on sessions most relevant to their discipline or practice. They are only guidelines to help you choose from the over 65 concurrent workshops being offered.

### Quality Caring for Patients, Families & Caregivers (QCPFC)

Examples:

- Interdisciplinary team-based care
- Leadership development and team approaches a culture of quality and results
- Measuring and closing human resource gaps
- Competencies, skills, and education for health care providers and volunteers
- Empowering volunteers as members of the interdisciplinary care team
- Reflecting the face of the community – success in volunteer diversity and inclusivity
- Reaching and engaging new generations of volunteers
- Advance Care Planning
- Enhancing patient and caregiver engagement
- Education for patients, substitute decision makers, families, and caregivers
- Person-centred care planning
- Compassionate communities

### Equity & Access to Quality Care (EAQC)

Examples:

- Innovations in providing palliative care in rural and remote communities
- Hospice palliative care by First Nations, Inuit, Metis, and Urban Indigenous Communities
- Access to care for diverse populations and marginalized people
- Palliative care for incarcerated populations

### Quality Clinical Practice (QCP)

Examples:

- Pain and Symptom Management
- Pediatrics
- Enabling early identification of people who would benefit from hospice palliative care
- Enabling palliative care in primary care
- Health Care Consent, Goals of Care, difficult conversations
- Palliative care for people with end-stage dementia, ALS, and other non-Cancer diseases

### Quality Whole Person Care (QWPC)

Examples:

- Psychosocial, Spiritual, and Bereavement Care
- Measuring Impact
- Meeting the needs of diverse populations
- Complementary therapies

### Leadership and System Design for Quality (LSDQ)

Examples:

- Regional hospice palliative care Hospice development
- Connecting hospice palliative care providers
- Removing regulatory and policy barriers to improving care
- Measuring quality, outcomes, and impact
- Hospice development and partnerships
- Models of care to increase access and enable quality care
- Best practices in fundraising