

## **(REV.) ANDREW BLAKE**

(Rev.) Andrew Blake, RP, works in the community as a Buddhist chaplain, psychotherapist and a mindfulness, compassion and End-of-Life educator. Cofounder and Director of Sarana Institute, he has developed numerous curriculums including the Mindfulness + Compassion Certificate Program developed for professionals and volunteers in the field, which is offered in collaboration with the Mindfulness Project at SickKids Hospital. A graduate of Upaya Institute under the guidance of his mentor, Roshi Joan Halifax, PhD, (Rev.) Andrew has served both as an EOL volunteer, as a trainer with professionals working in healthcare and palliative care, and in supporting the dying and their families as a chaplain for over 30 years. The intention of his experiential training programs is to sustain caregivers' well being, prevent empathy fatigue, and nurture resiliency, strength and inspiration to all those who work in this field.