



Ira Byock, M.D., FAAHPM, is a leading medical authority and public advocate for improving care through the end of life.

Dr. Byock is an active emeritus professor of medicine and community & family medicine at Dartmouth's Geisel School of Medicine.

He is founder and chief medical officer of the *Institute for Human Caring*, a component of Providence St. Joseph Health. The Institute drives transformation in clinical systems and culture to make caring for whole persons the new normal. The Institute for Human Caring's change strategies produce measurable and scalable improvements in health care quality and efficiency.

Dr. Byock has been involved in hospice and palliative care since 1978. His research has contributed to conceptual frameworks for the *lived experience* of illness; measures for subjective quality of life during illness; and counseling methods for life completion. He is a past president of the Academy of Hospice and Palliative Medicine.

From 1996 to 2006 Dr. Byock directed *Promoting Excellence in End-of-Life Care*, a national grant project of the Robert Wood Johnson Foundation that developed prototypes for concurrent palliative care within mainstream health care. From 2003 to mid-2013, he led the palliative care program at Dartmouth-Hitchcock Medical Center and the Dartmouth health system based in Lebanon, N.H.

Dr. Byock has authored numerous articles in academic journals. Dr. Byock's first book, ***Dying Well*** has become a standard in the field of hospice and palliative care. ***The Four Things That Matter Most*** is widely used as a counseling tool within palliative care as well as pastoral care. ***The Best Care Possible*** presents the potential for health care transformation. Dr. Byock lectures nationally and internationally.

More information is available at IraByock.org and InstituteForHumanCaring.org