

SPA-LTC

Strengthening a Palliative Approach in Long-Term Care

Preparedness

- ✓ Advance care planning resources
- ✓ Healthcare decision-making resources
- ✓ Illness trajectory pamphlets for residents and families

Symptom management

- ✓ Assessment tools
- ✓ Education for the whole care team
- ✓ Video education for residents and families

Caring relationships

- ✓ Care conferencing resources
- ✓ Bereavement care resources for families
- ✓ Bereavement care resources for residents and staff

Organizational capacity

- ✓ Self-assessment resources
- ✓ Resource mapping tools to identify external consultants
- ✓ Terms of reference to build your champion team
- ✓ Resources to support practice
- ✓ Education for the whole care team

Join us at our HPCO

Exhibitor Spotlight

Session to learn more on

Sunday, April 18th

@ 12:30pm

Implementing a palliative approach to care in long-term care leads to **improved family satisfaction** and a **55% reduction in emergency department visits** for residents in their last year of life. As a result, more long-term care residents can be supported to die at home, according to their wishes.

<https://bmcpalliatcare.biomedcentral.com/articles/10.1186/s12904-020-00599-w>

www.spaltc.ca