



**Hospice Palliative Care Ontario invites you to share our:
Caregiver Support Modules**

[Click here to visit the modules!](#)



Description

There are a vast number of resources readily available and provided for health care teams to support individuals in their palliative care and/or end-of-life journey. However, the individual's informal caregiver is often overlooked during this process and can often feel as though they are not receiving adequate support or resources to help them be the best caregiver they can be.

HPCO created a comprehensive set of caregiver modules with the goal of providing support through information and resources to caregivers. These modules cover a wide range of topics from being able to meet the physical, spiritual, and cultural needs of our loved ones, learning how to deal with our own emotions and feelings, improving communication amongst families, and learning how to cope with the end-of-life process.

The modules are free to access and available in a variety of formats: electronic webpage, downloadable and printable PDF, and transcribed audio clips. They are also available in English, French and First Nations. We welcome you to share these modules within your networks.

Intended Audience

Caregivers, hospice volunteers, seniors.

If you have any questions, feel free to send an email to Nav.Dhillon@hpcO.ca or visit www.caregiversupport.hpcO.ca for more information.



Hospice Palliative Care Ontario invites you to share the news about our:
Virtual Compassion Care Community Centre

[Click here to view the full list of programming!](#)



Description

Hospice Palliative Care Ontario strives to provide quality education and support and is excited to be able to do so through the Virtual Compassion Care Community Centre. These activities take place virtually. Each of the programs are run by facilitators in a comfortable and interactive group setting to increase social connection. There are a variety of free programs available throughout the week such as:

- Advance Care Planning Education
- Caregiving for Serious Illness & End-of-Life Support
- Grief Support
- Recreational activities such as yoga, tai chi, bingo, art, dance, music, etc.

Intended Audience

Seniors, people isolated at home, caregivers, hospice volunteers.

How you can participate:

1. Promote the program by sharing the link to the programming page.
2. Share your programs with us to be included in the calendar to be offered more broadly.
3. Deliver the programs in your area - ask us for the content and Facilitator's Guides.
4. Stream our recorded programs in your area for local audiences.
5. Access the Virtual Resource Guide

If you have any questions, feel free to send an email to Nav.Dhillon@hpcO.ca or visit <https://www.hpcO.ca/virtual-compassion-care-community-centre/> for more information.

Hospice Palliative Care Ontario is pleased to announce that we will soon be launching a variety of new resources and supports relating to Person-Centred Decision-Making!

Hospice Palliative Care Ontario strives to provide quality education and support for health care providers, non-healthcare professionals, and individuals and families. For many years HPCO has led the Ontario efforts to improve awareness and understanding of Health Care Consent, Advance Care Planning, and Goals of Care under the Speak Up Ontario campaign. We are excited to announce that we will soon be transitioning from Speak Up Ontario to Advance Care Planning Ontario. Along with this transition, we will be launching a variety of new resources and supports to assist Ontarians on their Advance Care Planning journeys.



Coming Soon:

- Website for individuals and families: www.advancecareplanning.ca
- Website for healthcare providers: www.pcdm.ca
- Mobile app
- New edition of the Advance Care Planning Guide
- Pediatric 5 Steps Postcard
- Public facing resources available in Italian, Spanish, Simplified Chinese, Punjabi, and Tagalog
- Advance Care Planning 5 Steps Postcard and Video
- And more!

Please stay tuned and keep a lookout for when these products officially launch! If you have any questions, feel free to send an email to Nav.Dhillon@hpcoco.ca