



Core 1 is a 30-hour program that provides a basic introduction to hospice and palliative care for professionals, volunteers, and caregivers. Participants will learn about, discuss, and participate in activities including personal perspectives, communication skills, spirituality, grief, caregiver care, pain and symptom management, family dynamics, culture, and ethics.

CORE 1
(via ZOOM)

Thursdays,
Evening
6:00 pm – 9:00 pm

April 8, 15, 22, 29
May 6, 13, 20, 27
June 3, 10



For a complete listing of session dates
and course content please visit
www.mypalcare.org

PalCare

PalCare Core 1 training meets training
standards set by Hospice Palliative Care
Ontario (HPCO)



SPRING 2021 REGISTRATION FORM

CORE 1 - Introduction to Core Concepts In Hospice Palliative Care

Participant Information

Name: _____
First Name *Last Name*

Address: _____
Street *City* *Postal Code*

Phone: _____ Email: _____

Education Sessions



ONLINE (via ZOOM)
THURSDAYS, EVENINGS
6:00 PM – 9:00 PM
SPRING
 April 8, 15, 22, 29
 May 6, 13, 20, 27
 June 3, 10

Complete course outline and session details at www.mypalcare.org. Please contact egureva@myhospice.ca directly to make arrangements to attend alternate locations for individual sessions.

CAREGIVER/VOLUNTEER RATE \$25 PROFESSIONAL RATE \$50

Payments by **CHEQUE** are payable to **PalCare Network**. Please mail completed form and cheque to **Margaret Bahen Hospice for York Region, 653 Queen Street, Newmarket, Ontario L3Y 2J1**.

Payments made by **CREDIT CARD** may be mailed or faxed to **905-967-0018**

Type of Card:   Amount: _____

Name of Cardholder: _____

Card Number: _____ Security Code: _____
*3 Digit Code on Back of Card

Expiry Date: _____ Signature: _____

– PalCare presents –

Grief, Bereavement and Self-Care SUPPORT

PRESENTED BY
LOUISE LEBLANC

WEDNESDAY
APRIL 21ST AND
28TH 2021
9:00 AM – 12:00 PM

VIA
zoom

THIS COURSE WILL PROVIDE PSWS WORKING IN LONG-TERM CARE WITH A FOUNDATION IN, AND PRACTICAL SKILLS FOR PROVIDING BASIC GRIEF AND BEREAVEMENT SUPPORT. PARTICIPANTS WILL:

- ◆ address their own experiences of coping with grief
- ◆ understand anticipatory grief, responses to grief, complicated grief and the tasks of mourning
- ◆ be provided with practical strategies to support individuals who are grieving
- ◆ explore empathy and practice mindful listening
- ◆ clarify the roles of professionals and non-professionals in providing grief and bereavement support

PROGRAM CONTENT IS SUITABLE FOR MEMBERS OF THE INTERDISCIPLINARY TEAM WHO ARE PROVIDING DIRECT SUPPORT AND ARE INTERESTED IN DEVELOPING THEIR SKILLS WITH RESPECT TO GRIEF AND BEREAVEMENT SUPPORT. TO BE ELIGIBLE FOR REGISTRATION PARTICIPANTS MUST HAVE:

- ◆ completed Core 1 – Introduction to Core Concepts in Hospice Palliative Care or equivalent hospice palliative care education
- ◆ have a minimum of one year experience volunteering or working with individuals receiving hospice and/or palliative care
- ◆ provide a letter of support from the organization or Community Hospice they are working with

RSVP: egureva@myhospice.ca Free Register NOW!

PalCare

IS HERE FOR YOUR **PSW TRAINING NEEDS!** TAKE A LOOK AT OUR TRAINING OPTIONS TO SEE WHAT WORKS BEST FOR YOUR ORGANIZATION.

PalCare is available to provide community or customized on-site hospice palliative care training to your PSWs and interdisciplinary staff. Topics may include but are not limited to pain and symptom management, culture and ethics, infection control/delegated acts, spirituality, grief and bereavement, communication, family dynamics, care for the caregiver, etc.

| COURSE | DESCRIPTION | LENGTH OF COURSE | FEE | MAXIMUM NUMBER OF PARTICIPANTS |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------|---------|--------------------------------|
| Core 1 Introduction to Core Concepts in Hospice Palliative Care | This program is a 30 hour certificate program for non-medical professionals and volunteers. | 30 Hour Course | \$1,700 | 20 |
| Customized, On-site Training Core 1 Introduction to Core Concepts in Hospice Palliative Care | This program is customized to your particular organization. This course is delivered on-site, at the location of your choice. | 30 Hour Course | \$6,414 | 25 - 30 |
| Intro to Hospice Palliative Care for Personal Support Workers | Intensive six hour course that contains the same information as the 30 hour Core Concepts in Hospice Palliative Care program. | 6 hour course | \$2,500 | 20 |

For further information about PalCare, or to be added to our mailing list for future educational opportunities, please contact Elena Gureva at egureva@myhospice.ca or 905-967-1500 x115.

For a complete listing of session dates and course content please visit www.palcarenetwork.org/education

PalCare

PalCare Core 1 training meets training standards set by Hospice Palliative Care Ontario (HPCO)

Advance Care Planning Discussion with Hospice Volunteers



Presented by:

Susanne Urzendowsky

Social Worker & Clinical Practice Lead (MSW, RSW)

HCC ACP Regional Champion

Thursday
June 17, 2021
6PM - 8 PM

VIA
zoom

The objectives of the session are:

- Discuss the Importance & Benefits of ACP
- ACP & the Role of the Substitute Decision Makers (SDMs) in Ontario
- How to confirm your SDMs
- Discuss and Differentiate the Concepts of ACP and Goals of Care
- Practical Strategies to Support the Conversation

RSVP egureva@myhospice.ca | **FREE** Register NOW!

PalCare